MBTA

MERCIA BEAUTY & TRAINING ACADEMY

Price List

Nails

Gel Polish *inc. Strengthening Base*	£27.50
Gel Polish Removal & Reapplication	
45 Minutes (plain colour only)	£33.00
60 Minutes (plain colour only)	£39.00
Builder Gel Overlay with Gel Polish	£31.00
Overlay Maintenance	
45 Minutes	£34.50
60 Minutes	£40.50
Gel Polish Removal (soak off) *inc. Cuticle work & application of strengthener*	£20.00
Gel Polish to Nails and Toes	£50.00
Gel Polish to Nails and Toes *inc. Removal and reapplication to both*	£60.50
Full Set Nail Extensions	
Short - Mid	£42.00
Long	£48.00
Nail Extension Maintenance	
60 Minutes	£40.50
75 Minutes	£46.00
Natural Nail Manicure *A treatment to improve the appearance of the hands and nails. Nails are filed and buffed to a shine, hands are exfoliated and massaged & the treatment is completed with a nail strengthener. Coloured polish can be added.*	£25.00

Add hand mask and Heat Treatment for £7

Feet

Gel Polish Toes	£22.00
Gel Polish Toes *inc. removal*	£27.00
Toe Nail Reconstruction *Application of a builder gel to correct missing or broken toenail (price per nail)*	£3.00
Pedicure *no polish*	£22.00
Pedicure *+ natural nail polish*	£30.00
Pedicure *+ Gel Polish*	£34.50
Treatment Mask, Heat Treatment, Foot & Leg Massage	£10.00

Elim

Elim is a medical grade pedicure treatment which uses AHA technology to soften and remove hard skin and calluses from the feet. The ultimate in luxury medi-pedi treatments.

Elim Pedicure - No Polish	£32.50
Elim Pedicure + Natural Nail Polish	£42.50
Elim Pedicure + Gel Polish	£50.50

Waxing

Full Leg Wax	£23.50
Half Leg wax *inc. Knees*	£21.50
Full Leg & Bikini *(standard or extended)*	£33.50
Half Leg & Bikini *(standard or extended)*	£27.00
Forearm	£15.00
Underarm	£11.50

FACIAL WAXING / THREADING

Lip Wax	£10.50
Chin Wax	£10.50
Lip & Chin Wax	£13.50
Lip, Chin & Sides of Face	£16.50

FEMALE INTIMATE WAXING

Standard Bikini £15.00

Using warm wax to remove hair from outside the underwear line

Extended Bikini £18.00

Using warm wax to remove a larger area of hair outside the pant line. Includes tops of thigh and below naval

Eye Treatments

Brow Shape	£10.50
Brow Tint	£10.50
Brow Tint & Shape	£14.00
Lash Tint	£12.00
Brow Tint, Shape and Lash Tint	£22.00

Lash Lift £40.00

Lash Lift inc Brow Tint and Shape (save £7) £47.00

A lash lift creates definition to the lashes by creating a curl at the root of the natural lash. A lash tint is also included providing depth of colour & further enhancing the treatment. A lash lift treatment last up to 6 weeks and does not require any maintenance.

Patch Testing

Patch testing is required for any tinting service or for a Lash Lift 48 hours prior to your appointment.



Skin Care

Prescription Facial £33.00

A facial tailored to your current skin condition. Your skin therapist will help you choose from

Ultra Soothing – for the most sensitive skins / Soothing – for dehydrated and dry skins

Balancing – for those skins with multiple skin concerns / Purifying – for breakout prone skins.

A deep cleanse is followed by a thorough exfoliation steam and extraction (if required). A pressure point facial massage soothes stresses and a skin specific mask ensures your skin is refreshed.

Age Resist Facial £35.00

A targeted approach to resurfacing prematurely ageing skin. Potent antioxidants and a gentle fruit acid peel will reveal a smooth and soft complexion.

Skin Rescue Facial £36.00

Specifically for sensitive or severely dehydrated skins. Therapeutic oatmeal instantly soothes and calms the skin targeting irritation and rehydration.

Eye Bright £35.00

Refresh and revive the delicate eye area. Using marine collagen and microcurrent technology the eye area will be lifted toned and ultra hydrated. Dark circles and fine lines and specifically targeted.

Carboxy Facial Therapy £38.00

Infusing the skin with C02 increased oxygen leaves the skin tighter and brighter, collagen is stimulated and fine lines and wrinkles are reduced.

Microdermabrasion £38.00

A mechanical exfoliating treatment that resurfaces the skin. A diamond wand glides across the skin removing dull, dead skin cells. Perfect for congestion, and targeting premature ageing.

Microcurrent £38.00

Using the elite in microcurrent technology our Bio Therapeutic machine lifts and tones the contours of the muscles in the face and neck. Small electrical currents pass into the muscles and retrain them. Results after one treatment are distinctly visible however a course of treatments is recommended for the best results.

Microcurrent + £47.50

This facial has all of the benefits of a standard microcurrent facial but with the addition of a cell stimulating mask. The cooling effects of the mask intensely firms the surface of the skin and potent antioxidant spirulina regenerates and conditions.

Radio Frequency £38.00

A gentle heat is used to stimulate collagen and elastin cells to reduce signs of ageing. The results, skin tightening and firming. We recommend to alternate between microcurrent and radio frequency to get the best results of our machine led facials.

Radio Frequency + £47.50

This facial combines Radio Frequency and Microcurrent technology. After the radio frequency treatment a deeply infused hyaluronic mask linked directly to our microcurrent machine is used to infuse the skin. The ultimate powerhouse treatment.

Dermaplaning £30.00

This facial is perfect for those short on time and in need of quick results. This 30 minute treatment removes all of your dead skin cells and peach fuzz with an added aloe vera mask to rehydrate.

Dermaplaning+ £40.00

Using our most advanced skin care products your skin will feel refreshed, renewed and revived. Dermaplaning removes the outermost surface skin cells along with any fine hairs and is the ultimate in deep exfoliation. Along with thorough exfoliation & extraction the use of an enzyme peel and a hyaluronic acid face mask ensures your skin is ready for any event. The perfect facial to help your home care products absorb more effectively. Not suited to breakout prone skin.

Clinicare Facial Peel £42.50

A Clinicare facial peel is light and superficial but it still packs a punch. Depending on your skin texture and personal concerns your skin therapist will help you choose the most appropriate skin peel. Each peel can be bespoke in strength maximise the results.

GLOW PEEL - Effective in treating hyperpigmentation, age spots, sun damage and dull lacklustre skin.

REFRESH PEEL - An intense anti ageing peel with skin rejuvenation effects.

PURE PEEL - Aimed at acne and breakout prone skin with resurfacing and re texturizing properties.

Facial Courses

All Facials can be booked as courses. Book and Pay for any 5 facials and receive the cheapest one FREE.

Massage

Full Body Swedish Massage	£42.00
Swedish Back Massage *25 Minutes*	£25.00
Swedish Back Massage *40 Minutes*	£32.00

Hot Stone Massage

Hot stone massage is the ultimate in therapeutic massage. The heat of the stones gently warm the muscles and allowing a deeper massage. Swedish techniques are also incorporated into this massage.

Full Body Hot Stone Massage	£45.00
Hot Stone Back Massage *30 Minutes*	£27.00
Hot Stone Back Massage *40 Minutes*	£35.00



Reflexology 1 hour £39.00

This holistic foot treatment works on the mind and body by clearing blocked energy pathways. Perfect for those with ailments that don't allow other holistic treatments but also for those who want to experience deep relaxation.

Reflexology *inc. Pedicure No Polish*	£43.50
Reflexology *inc. Pedicure + Natural Nail Polish*	£47.50
Reflexology *inc. Pedicure + Gel Polish*	£53.50

Removal of Gel Polish is charged at £6 and an extra 15 minutes will be added on to your treatment time.

Upgrade to an Elim pedicure for £10 extra

Indian Head Massage £29.50

Our Indian head massage is received lying down so that you drift into a world of relaxation. The shoulders, décolleté, face and head are all included in this treatment.

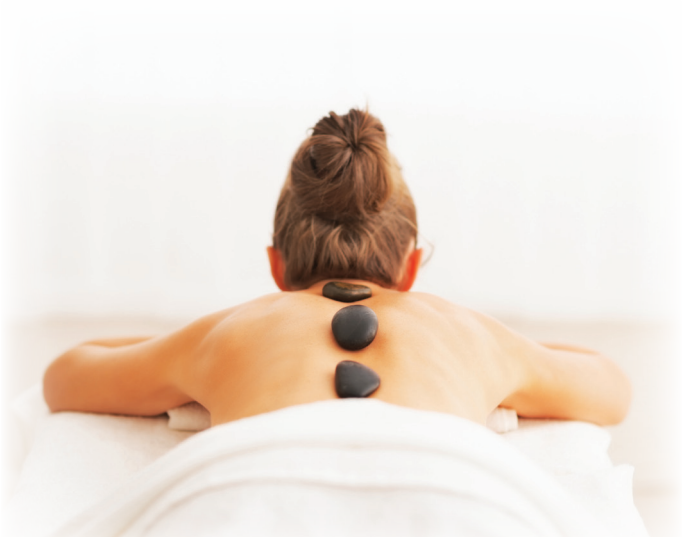
Ear Candling £30.00

A soothing and relaxing treatment to relieve symptoms of sinus pressure, headaches, hay fever, blocked ears & excess wax build up. This is a holistic treatment that encourages the body to clear wax naturally, it does not draw wax from the ear.

Body Treatments

Full Body Exfoliation *40 Minutes* £29.50

Reveal your natural radiance with a poppy seed scrub, body brushing and hydration from a vitamin rich hyaluronic moisturiser. Perfect before a holiday or during the colder winter months to refresh and renew dull, tired skin.



Relaxation Packages

Indulge in a mini retreat to our cosy treatment room. Choose as many of the following treatments as you wish.

2 Treatments *60 Minute*	£44.00
3 Treatments *90 Minute*	£62.50
4 Treatments *120 Minutes*	£82.00

Full Body Exfoliation
Hot Stone Back Massage
Prescription Facial
Indian Head Massage
Reflexology
Ear Candling

Are you a Mother to be and would like a treat?
Almost all of our treatments can be tailored to make sure they are safe for you and your baby. Lisa is specifically trained in Pre – Natal massage and our Eve Taylor skin range is also safe to use throughout your pregnancy.

MBTA

MERCIA BEAUTY & TRAINING ACADEMY

2a Erdington Road, Aldridge Walsall, WS9 8UH
merciabeautyacademy@gmail.com • www.merciabeautyacademy.co.uk • 01922 320091